



Dear Tae Kwon Do Students and Families,

I am pleased to announce the 15th Annual Master Yoo's World Class Tae Kwon Do Championship to be held on Saturday, November 8, 2025, at the Clay Middle School Gym. We would like to extend an invitation to you and hope you will reserve this date for what promises to be an exciting and memorable event for our Tae Kwon Do students of all ages and belt levels. Our staff and I have been preparing and organizing in advance to ensure an exciting and positive event for all of our students.

Master Yoo's Tae Kwon Do Championship will give students from Little Tigers through Adults the chance to experience the thrill of Tae Kwon Do competition for form, board breaking, and sparring in a fair, safe, and supportive environment. The purpose of competition at our championship is not to determine who would be the best, but instead to encourage all our competitors to bring out their best effort and grow as a result. As we continuously strive to improve our body, mind, and spirit in our daily Tae Kwon Do training, our instructors will also help you to prepare for this fun and dynamic championship.

Divisions will be offered in all levels for form, board breaking, and sparring. Medals will be awarded to all our competitors. This registration packet contains important information regarding all divisions, as well as event requirements, and medical information forms.

I want to thank you all for your enthusiastic support. We promise to make this championship very special for everyone and you will have an enjoyable and rewarding experience! I look forward to seeing you at the Master Yoo's World Class Tae Kwon Do Championship on November 8th.

Sincerely,

Master Eunsoo Yoo

Championship Chairman

2025 World Class Tae Kwon Do Championship



EVENTS SCHEDULE

All times are approximate and subject to change.



Saturday, November 8, 2025

Clay Middle School Gym
5150 East 126th Street, Carmel, 46033

The competition will run according to the following schedule of events:

8:00am	Volunteer Meeting
8:15am	Referee Meeting
8:30am	Doors Open
9:00am	Call to Holding Area All Adults (ages 14+) & Black Belt (Wave I) Forms Breaking Sparring
11:30am	Call to Holding Area All Little Tigers (Wave II) Forms Breaking
12:45pm	Opening Ceremony & Master Yoo's Demo Team Competition
1:45pm	Call to Holding Area White, Yellow, Green Belt (Wave III) Forms Breaking Sparring
3:45pm	Call to Holding Area Blue Belt & Higher (Wave IV) Forms Breaking Sparring

"Building the Confidence and Discipline to be Your Best!"



IMPORTANT INFORMATION



1. **Who:** All students from Master Yoo's World Class Tae Kwon Do are eligible to participate.
2. **Eligibility:** Little Tiger students and White Belts can compete in forms and board breaking. Yellow Belt and higher can compete in forms, board breaking, and sparring. Competitors of all ages are welcome!
3. **Divisions:** Divisions may be separated by age, belt, weight, and gender as the tournament committee deems necessary for fair competition.
4. **Registration:** Registration forms are available at the school. For online registration, please scan the QR code on the cover of this Registration Packet. **Registration deadline is Thursday October 30, 2025.** **Early registration is strongly encouraged.** NO LATE APPLICATIONS will be accepted and there will not be any "at-the door" registration allowed.
5. **Awards:**
Little Tigers: All participants will be awarded a gold medal! Medals will be awarded for "Best Technique," "Best Energy & Kihap", and "Best Focus".
All Other Belt Levels: Everyone will be awarded a medal in each division for 1st place, 2nd place, and 3rd place.
6. **Coaching:** The goal of this tournament is to provide the students with competition experience in a friendly environment. Many of the instructors will be responsible for officiation and directing the competition. As a result, their instructors, parents, teammates, and senior belts may coach competitors. Please note that coaches are not necessary during forms and board breaking competition. The instructors will be administering these events directly and will provide aid and instruction as needed.
7. **Spectators & Tickets:** The arena has bleacher-style seating for all spectators. There will be no charge for admission. Please note that spectators will not be allowed on the competition floor.
8. **Food:** No food is permitted inside the gym. The concession stand outside of the gym will be open to spectators.
9. **Video and Cameras:** Video and picture taking is allowed. However, they must be taken from the seating area or at the photo zone area only.

Directions to Clay Middle School, located at 5150 East 126th Street, Carmel, 46033 (Door #5)

From Noblesville TKD School: Take IN-32 west toward Hazel Dell Pkwy, then turn left and drive until 126th Street. At the roundabout, turn right onto 126th Street. The Clay Middle School will be on your right.

From Fishers TKD School: Turn right onto Olio Rd then continue straight and turn right onto 116th St. Take a slight right onto Hazel Dell Pkwy. At the traffic circle, take the 3rd exit onto 126th street. Clay Middle School will be on the right.

From Carmel TKD School: Follow West Main Street until Gray Road, then turn right. Then turn left onto 126th Street, and Clay Middle School will be on the left.



LITTLE TIGERS COMPETITION



Note: All Little Tiger Double Black Stripe students will perform their chosen event(s) in the Little Tigers Division at 11:30am.

Little Tigers Form

From White Belt to Double Black Stripe Belt, the form will be judged on accuracy of movements, focus skills, and *Kihap*. Our instructors will continue to work with students on these techniques in class.

LITTLE TIGERS FORM		
White Belt	Horse Riding Stance with Punch	-
Yellow Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - Segment One (Moves 1-2)
Green Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - Segment Two (Moves 1-4)
Blue Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - Segment Three (Moves 1-6)
Red Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - Segment Four (Moves 1-9)
Black Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - All Steps (1-12)
Double Black Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - All Steps (1-12)

Little Tigers Board Breaking

From White Belt through Double Black Stripe Belt, their board breaking technique will be judged on performance, focus, *Kihap*, and more! These are also techniques our instructors regularly review in class with the students.

LITTLE TIGERS BOARD BREAKING	
White Belt	Hammer Fist or Any Basic Kicking
Yellow Stripe	Hammer Fist or Any Basic Kicking
Green Stripe	Hammer Fist or Any Basic Kicking
Blue Stripe	Hammer Fist or Any Basic Kicking
Red Stripe	Hammer Fist or Any Basic Kicking
Black Stripe	Hammer Fist or Any Basic Kicking
Double Black Stripe	Hammer Fist or Any Basic Kicking



GENERAL COMPETITION RULES

Where applicable, the World Tae Kwon Do (WT) rules and regulations will govern this championship. The organizing committee reserves the right to adopt changes as they deem necessary.



Form (*Poomse*)

Form (*Poomse*) is a pre-arranged pattern of movements consisting of a variety of Tae Kwon Do techniques, performed while moving in a variety of directions. The difficulty of Poomse increases with each advancing belt rank. Form (*Poomse*) will be judged on a 10-point score. Official *Poomse* will be those recognized by the World Tae Kwon Do (WT).

Form (*Poomse*) will be judged on:

1. Proper sequence of techniques
2. Degree of focus and concentration
3. Intensity and emotional expression including *kihap* (yell)
4. Strong stances including proper leg and foot position and correct weight distribution
5. Speed and power of all blocks, punches, strikes, and kicks
6. Accurate placement of all techniques
7. Techniques delivered with accuracy
8. Proper rhythm and pacing of movements

Competition Process

Generally, students will be brought up in pairs to perform their *Poomse* in front of a panel of Black Belt judges and a Head Instructor. After performing, each *Poomse* competitor will be scored by the judges and the scores will be reviewed by the Head Instructor. After all competitors in a division have performed, the competitors will be brought back to the mat and placements will be announced.

Accepted Forms by Rank

The official form (*Poomse*) for the World Class Tae Kwon Do Championship for all White Belts and Color Belts will be *Kibon Poomse* (White Belt Form) and *Tae Geuk* Forms (Color Belt Forms). Please note that Double Black Stripe and Poom Belt students will do *Tae Geuk Pal Jang*.

Little Tiger Double Black Stripe students will demonstrate the White Belt Form in the Little Tigers Division at 11:30am.

All Black Belts will compete with the following forms: *Koryo* for 1st Dan, *Keumgang* for 2nd Dan, and *Taeback* for 3rd Dan.

*Note: Generally, you are required to perform the *Poomse* for your current belt. If you have recently tested and are unsure of your new *Poomse*, you may perform the one for your previous belt. Please check with your instructors for assistance in determining the appropriate *Poomse* for the championship.



GENERAL COMPETITION RULES

CONTINUED



Board Breaking (*Kyukpa*)

Board Breaking is a way for students to demonstrate the strength, speed, and accuracy of their Tae Kwon Do techniques. Competitors will be provided with boards and allowed to compete with techniques that have been approved by the instructors. (In order to ensure the safety of competitors, referees may adjust the performance of any technique as they deem necessary).

- A. All participants are eligible.
- B. Ten-point scoring system judged on:
 - 1. Difficulty of technique selected
 - 2. Number of attempts needed to break. (Breaking on the first attempt is superior to breaks made on the second attempt.)
 - 3. Accuracy and clarity of technique
 - 4. Speed, power, and intensity
 - 5. Maintaining good balance and pose during and following each technique
- C. Board sizes (all boards provided by Master Yoo's World Class Tae Kwon Do):
 - 1. Ages 13 and under – ½ inch boards
 - 2. Ages 14 and up – 1-inch boards
- D. No speed breaks allowed. No props or jumping over/off people during competition.

Belt Level	# of Boards Per Station	Techniques
White Belt	1 Board / 1 Station	Any basic hand or kicking technique
Yellow / Green Stripe	1 Board / 1 Station	Side Kick OR any technique
Green / Blue Stripe	1 Board / 1 Station	Back Kick OR any technique
Blue Belt & Higher	2 Boards / 2 Stations	Spinning Kick PLUS any hand or kicking technique
Black Belt	3 Boards / 3 Stations	Free Style



GENERAL COMPETITION RULES

CONTINUED



Sparring (Gyoroogi)

A. Eligibility

1. Yellow Belts and higher of any age.
2. Sparring competitors must own and wear approved protective headgear, chest protector, forearm guards, shin guards, mouthpiece, and groin cup (for males).

B. Format

1. Random seeding
2. Single elimination

C. Points - The following techniques score **1 point**:

1. A punch successfully delivered with the fist on the middle part of the chest protector.
2. A kick successfully given by the foot on the middle part of the chest protector.
3. An attack successfully made either by the foot or fist on any part of the chest protector, which causes the opponent to fall. However, falling down or losing balance or holding the opponent immediately after delivery of the effective attack by fist or foot does not count as a score.

D. For this competition, the following safety rules shall govern all children and adult Color Belts and Black Belts age 14 and under sparring matches:

The competitor is **NOT** allowed to attempt any kicks to the head area.

E. For this competition, the following safety rules shall govern AGES 15 AND UP Black Belt sparring matches:

The competitor is allowed to attempt kicks to the headgear area; however, absolute control must be exercised, or the appropriate penalty shall be invoked.

F. Inability to continue:

Fright, crying or loss of will does not constitute grounds for disqualification of the attacker. Where one opponent is clearly superior, the referee can stop the match to confer with the judges and ask the jury to declare a mismatch. The jury can confer with the competitor's coach to stop or continue, or make the judgment based on observations of the match to ensure the competitor's safety before awarding the (mismatch) decision.

G. Superiority:

In the event of a tie score, determination of the winner is made by the rules of superiority. The victory will be awarded to the competitor who utilized more kicks, advanced techniques and was more aggressive.

H. Rounds and duration of each:

Belt Level	# of Rounds	Round Duration	Rest Period
Color Belts	2	1 minute	30 seconds
Black Belts	3	1 minute	30 seconds