



Dear Tae Kwon Do Students and Families,

I am pleased to announce the 16th Annual Master Yoo's World Class Tae Kwon Do Championship which will be held on Saturday, November 7, 2026, at the Westfield Middle School Gym. We warmly invite you to join us and hope you will reserve this date for what promises to be an exciting and memorable event for our Tae Kwon Do students of all ages and belt levels. Our staff and I have been preparing to ensure an exciting and positive event for all of our students.

Master Yoo's Tae Kwon Do Championship will give students from Little Tigers through Adults the chance to experience the excitement of Tae Kwon Do competition in form, board breaking, and sparring in a fair, safe, and supportive environment. The purpose of competition at our championship is not to determine who is the best, but rather to encourage all our competitors to give their best effort and grow as a result. As we continuously strive to improve our body, mind, and spirit through our daily Tae Kwon Do training, our instructors will also help you to prepare for this fun and dynamic championship.

Divisions will be offered in all levels for form, board breaking, and sparring. Medals will be awarded to all our competitors. This registration packet contains important information regarding all divisions, as well as event requirements, and medical information forms.

I would like to thank you all for your enthusiastic support. We promise to make this championship very special for everyone, and you will have an enjoyable and rewarding experience! I look forward to seeing you at the Master Yoo's World Class Tae Kwon Do Championship on November 7.

Sincerely,

Master Eunsoo Yoo

Championship Chairman

2026 World Class Tae Kwon Do Championship



EVENTS SCHEDULE

All times are approximate and subject to change.



Saturday, November 7, 2026

Westfield Middle School Gym
345 W Hoover St, Westfield, IN 46074

The competition will run according to the following schedule of events:

8:00 AM	Volunteer Meeting
8:15 AM	Referee Meeting
8:30 AM	Doors Open
9:00 AM	Call to Holding Area All Adults (ages 14+) & Black Belts (Wave I) Form Breaking Sparring
11:30 AM	Call to Holding Area All Little Tigers (Wave II) Form Breaking
12:45 PM	Opening Ceremony & Master Yoo's Demonstration Teams
1:45 PM	Call to Holding Area White, Yellow, & Green Belts (Wave III) Form Breaking Sparring
3:45 PM	Call to Holding Area Blue Belts & Higher (Wave IV) Form Breaking Sparring

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IMPORTANT INFORMATION



1. **Who:** All students from Master Yoo's World Class Tae Kwon Do schools are eligible to participate.
2. **Eligibility:** Little Tiger students and White Belts may compete in form and board breaking. Yellow Belts and higher may compete in form, board breaking, and sparring. Competitors of all ages are welcome!
3. **Divisions:** Divisions may be separated by age, belt, weight, and gender as the tournament committee deems necessary for fair competition.
4. **Registration:** Registration forms are available at the school. For online registration, please scan the QR code on the cover of this Registration Packet. **Registration deadline is Thursday, October 29, 2026. Early registration is strongly encouraged.** NO LATE APPLICATIONS will be accepted, and there will be no "at-the door" registration allowed.
5. **Awards:**
Little Tigers: All participants will be awarded a gold medal! Medals will be awarded for "Best Technique," "Best Energy & Kihap", and "Best Focus".
All Other Belt Levels: Everyone will be awarded a medal in each division for 1st place, 2nd place, and 3rd place.
6. **Coaching:** The goal of this tournament is to provide the students with competition experience in a friendly environment. Many of the instructors will be responsible for officiation and directing the competition. As a result, instructors, parents, teammates, and senior belts may coach competitors. Please note that coaches are not necessary during form and board breaking competitions. The instructors will be administering these events directly and will provide aid and instruction as needed.
7. **Spectators & Tickets:** The arena has bleacher-style seating for all spectators. There will be no charge for admission. Please note that spectators will not be allowed on the competition floor.
8. **Food:** No food is permitted inside the gym. The concession stand outside of the gym will be open to spectators.
9. **Video and Cameras:** Video and picture taking is allowed. However, they must be taken from the seating area or at the photo zone area only.

Directions to Westfield Middle School, 345 W Hoover Street, in Westfield, 46074 (Door #3 & #10)

From Noblesville TKD School: Follow IN-32 and drive west to Union St. Turn right and drive to E Hoover St, then turn left. The middle school will be on the left.

From Fishers TKD School: Take Olivo Road north to 146th St. Turn west on 146th St. and drive until coming to US-31. Take US-31 N to W Main St in Westfield. Take exit 132 from US-31 N, then turn on Shamrock Blvd to go to the middle school on the right.

From Carmel TKD School: Drive north on Towne Rd to W Main St. Drive west on W Main Street until US-31. Take US-31 N to W Main St in Westfield. Take exit 132 from US-31 N, turn on Shamrock Blvd to go to the middle school on the right.



LITTLE TIGERS COMPETITION



Note: All Little Tiger Double Black Stripe students will perform their chosen event(s) in the Little Tigers Division at 11:30 a.m.

Little Tigers Form

From White Belt through Double Black Stripe Belt, the form will be judged on accuracy of movements, focus skills, and *Kihap*. Our instructors will continue to work with students on these techniques in class.

LITTLE TIGERS FORM		
White Belt	Horse Riding Stance with Punch	-
Yellow Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - Segment One (Moves 1-2)
Green Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - Segment Two (Moves 1-4)
Blue Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - Segment Three (Moves 1-6)
Red Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - Segment Four (Moves 1-9)
Black Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - All Steps (1-12)
Double Black Stripe	Horse Riding Stance with Punch	<i>Kibon Poomse</i> - All Steps (1-12)

Little Tigers Board Breaking

From White Belt through Double Black Stripe Belt, board breaking will be judged on performance, focus, *Kihap*, and more! These are also techniques our instructors regularly review in class with the students.

LITTLE TIGERS BOARD BREAKING	
White Belt	Hammer Fist or Any Basic Kicking
Yellow Stripe	Hammer Fist or Any Basic Kicking
Green Stripe	Hammer Fist or Any Basic Kicking
Blue Stripe	Hammer Fist or Any Basic Kicking
Red Stripe	Hammer Fist or Any Basic Kicking
Black Stripe	Hammer Fist or Any Basic Kicking
Double Black Stripe	Hammer Fist or Any Basic Kicking



GENERAL COMPETITION RULES

Where applicable, the World Taekwondo (WT) rules and regulations will govern this championship.

The organizing committee reserves the right to adopt changes as they deem necessary.



Form (*Poomse*)

Form (*Poomse*) is a pre-arranged pattern of movements consisting of a variety of Tae Kwon Do techniques, performed while moving in a variety of directions. The difficulty of Poomse increases with each advancing belt rank. Form (*Poomse*) will be judged on a 10-point score. Official *Poomse* will be those recognized by the World Taekwondo (WT).

Form (*Poomse*) will be judged on:

1. Proper sequence of techniques
2. Degree of focus and concentration
3. Intensity and emotional expressions including *kihap* (yell)
4. Strong stances including proper leg and foot position and correct weight distribution
5. Speed and power of all blocks, punches, strikes, and kicks
6. Accurate placement of all techniques
7. Proper rhythm and pacing of movements

Competition Process

Generally, students will be brought up in pairs to perform their *Poomse* in front of a panel of Black Belt judges and a Head Instructor. After performing, each *Poomse* competitor will receive a score from the judges, and the scores will be reviewed by the Head Instructor. After all competitors in a division have performed, the competitors will be brought back to the mat and placements will be announced.

Accepted Forms by Rank

The official form (*Poomse*) for White Belts and Color Belts at the World Class Tae Kwon Do Championship will be *Kibon Poomse* (White Belt Form) and *Tae Geuk* Forms (Color Belt Forms). Please note that Double Black Stripe and Poom Belt students will demonstrate *Tae Geuk Pal Jang*.

Little Tiger students with a Double Black Stripe will demonstrate the White Belt Form in the Little Tigers Division at 11:30am.

All Black Belts will compete with the following forms: *Koryo* for 1st Dan, *Keumgang* for 2nd Dan, and *Taeback* for 3rd Dan.

*Note: Generally, you are required to perform the *Poomse* for your current belt. If you have recently tested and are unsure of your new *Poomse*, you may perform the one for your previous belt. Please check with your instructors for assistance in determining the appropriate *Poomse* for the championship.

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GENERAL COMPETITION RULES

CONTINUED



Board Breaking (*Kyukpa*)

Board Breaking is a way for students to demonstrate the strength, speed, and accuracy of their Tae Kwon Do techniques. Competitors will be provided with boards and may compete using techniques approved by the instructors. (In order to ensure the safety of competitors, referees may modify any technique as they deem necessary).

- A. All participants are eligible.
- B. Ten-point scoring system judged on:
 - 1. Difficulty of technique selected
 - 2. Number of attempts needed to break. (Breaking on the first attempt is superior to breaking on the second attempt.)
 - 3. Accuracy and clarity of technique
 - 4. Speed, power, and intensity
 - 5. Maintaining good balance and pose during and following each technique
- C. Board sizes (all boards provided by Master Yoo's World Class Tae Kwon Do):
 - 1. Ages 13 and under – ½ inch boards
 - 2. Ages 14 and up – 1-inch boards
- D. No speed breaks are allowed. No props or jumping over/off of people is allowed during competition.

Belt Level	# of Boards Per Station	Techniques
White Belt	1 Board / 1 Station	Any basic hand or kicking technique
Yellow / Green Stripe	1 Board / 1 Station	Side Kick OR any technique
Green / Blue Stripe	1 Board / 1 Station	Back Kick OR any technique
Blue Belt & Higher	2 Boards / 2 Stations	Spinning Kick PLUS any hand or kicking technique
Black Belt	3 Boards / 3 Stations	Free Style

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GENERAL COMPETITION RULES

CONTINUED



Sparring (*Gyoroogi*)

A. Eligibility

1. Yellow Belts and higher of any age.
2. Sparring competitors must own and wear approved protective equipment, including headgear, chest protector, forearm guards, shin guards, mouthpiece, and groin cup (for males).

B. Format

1. Random seeding
2. Single elimination

C. Points - The following techniques score **1 point**:

1. A punch successfully delivered with the fist to the middle part of the chest protector.
2. A kick successfully delivered with the foot to the middle part of the chest protector.
3. An attack successfully made either with the foot or fist on any part of the chest protector, which causes the opponent to fall. However, falling down, losing balance, or holding the opponent immediately after delivery of the effective attack by fist or foot does not count as a score.

D. For this competition, the following safety rules shall apply to all children and adult Color Belt students and Black Belts, ages 14 and under during sparring matches:

Competitors are NOT allowed to attempt kicks to the head area.

E. For this competition, the following safety rules shall apply to Black Belt sparring matches for competitors, ages 15 and up:

Competitors are allowed to attempt kicks to the headgear area; however, absolute control must be exercised, or the appropriate penalty shall be imposed.

F. Inability to continue: Fright, crying, or 'loss of will' does not, by itself, constitute grounds for disqualification. If one opponent is clearly superior, the referee may stop the match to confer with the judges and ask the jury to declare a mismatch. The jury may consult with the competitor's coach before deciding whether to stop or continue the match or may make its decision based on observations of the match to ensure the competitor's safety before awarding a mismatch decision.

G. Superiority: In the event of a tie score, determination of the winner is made by the rules of superiority. The victory will be awarded to the competitor who used more kicks, advanced techniques and demonstrated greater aggression.

H. Rounds and duration of each:

Belt Level	# of Rounds	Round Duration	Rest Period
Color Belts	2	1 minute	30 seconds
Black Belts	3	1 minute	30 seconds